



COSTA RICA TO PANAMA ADVENTURE

Experience unparalleled
adventure with
our unique itineraries.

2024



Costa Rica to Panama Adventure





Costa Rica to Panama Adventure

11 Days / 10 Nights

DAY 1 - SAN JOSE, COSTA RICA

Our adventure starts today. We will be at the meeting point by 16:00 to transfer by bus to the Klara.

En route to our ship we'll pay our respects to Doka Estates, one of Costa Rica's largest coffee and sugarcane plantations. We'll savor a cup of history and learn about the various stages of coffee production, including the role of Costa Rica's oldest wet mill. After we bid adieu to the estate we travel two hours west, to Puerto Caldera, where our ship awaits. We'll board the SV Klara, and settle into our cabins, following which we'll share our first fine dinner together. Afterwards, we adjourn to the deck to savor our first tropical sunset.

Meals: Dinner

DAY 2 - SANTA ROSA NATIONAL PARK

Our adventure takes us to Santa Rosa National Park considered a World Heritage site is located Guanacaste, where the historic Battle of Hacienda Santa Rosa in 1856 was fought and an important country's history chapter was written.

The Park is the only Protected Wilderness Area that has a historical museum within its grounds.

Many different ecosystems can be found within the park's boundaries, making it a dream destination for anyone who loves wildlife and nature.

Meals: Breakfast, Lunch and Dinner

DAY 3 - NICOYA PENINSULA & CURU NATIONAL WILDLIFE REFUGE

This morning, we disembark at the Curu National Wildlife Refuge, situated at the southeast tip of the Nicoya Peninsula. This refuge has been the scene of many successful sustainable development projects, including the reintroduction of the endangered spider monkey, coral reef restorations, and migratory bird monitoring. It is also home to one of the most beautiful beaches on the peninsula, and you'll have a choice of ways to explore this precious reserve, from walking well established trails to taking a more invigorating hike. We'll also stop at Isla Tortuga – Turtle Island, for a frolic. You can enjoy kayaking, paddle boarding, and snorkeling in the warm waters of these white sand beaches, and we'll see the turtle shaped rocks formations for which the island is named. With luck, we may spot some actual turtles as well.

Meals: Breakfast, Lunch and Dinner



Costa Rica to Panama Adventure

11 Days / 10 Nights

DAY 4 - MANUEL ANTONIO NATIONAL PARK

Today we enter the Manuel Antonio National Park. Though it is one of Costa Rica's smallest national parks, you'll experience why it is also one of its most visited; It is home to over 100 species of mammals, 184 species of birds, and a multitude of diverse flora. Keep a sharp look out for two and three toed sloths, white-faced monkeys, and toucans, as you navigate the trails of this gorgeous nature haven. The paths will also give you access to the park's rainforest, white sand beaches, waterfalls, and coral reefs. And if that's not enough, we should be able to see the dramatic volcanic rock formations that frame the Manuel Antonio National Park, the Punta Cathedral and Punta Serrucho.

Meals: Breakfast, Lunch and Dinner

DAY 5 - OSA PENINSULA & CORCOVADO NATIONAL PARK

At the southern end of Costa Rica, the Osa Peninsula juts into the Pacific Ocean. It's a remote enclave and so spectacular we'll spend two days exploring it. Today we'll visit the 'Parque Nacional Corcovado,' which covers nearly half the territory and is home to Costa Rica's largest population of jaguars and tapirs. It is also home to the only remaining old growth, wet forests on Central America's Pacific coast, and all four of the country's monkey species: howler, spider, white-faced capuchin, and squirrel. There are also 20 plus species of hummingbird, the endemic, yellow-billed cotinga, black-cheeked ant tanager, crimson fronted parakeets, and more. If the weather favors us, we can paddle board or kayak through the expansive mangroves.

Meals: Breakfast, Lunch and Dinner

DAY 6 - OSA PENINSULA & GOLFITO BAY

On day two we will sail into Golfito Bay, a small gulf sheltered by forested hills. We'll disembark in the town of Golfito, which was once the principle, banana port for the United Fruit Company in Costa Rica. Over time, circumstances changed, and the company moved it's holding out of town, leaving Golfito the only city in Costa Rica located a declared protected area. Today it is best known for its ecological efforts. Just outside the city the Golfito Wildlife Refuge begins, where we can hike through tropical rainforests with trees standing a towering 45 metres tall, and the thousands of species of mammals, birds and reptiles.

Meals: Breakfast, Lunch and Dinner



Costa Rica to Panama Adventure

11 Days / 10 Nights

DAY 7 - COIBA ISLAND & GOLFO DE MONTIJO, PANAMA

With Costa Rica at our stern, our next stop is Panama's Coiba Island, a location so unique the Coiba National Park was declared a UNESCO World Heritage Site in 2005. Coiba island was created when it separated from the mainland an estimated 15,000 years ago, and it has subsequently become the home of many endemic subspecies, like the Coiba Island howler monkey and the Coiba Spinetail. This is one of the few places in Central America where the scarlet macaw still lives in significant numbers. The island is also haven to numerous flora that otherwise fell victim to deforestation and extinction on the mainland. Time permitting, we could sail to Granito De Oro, whose plentiful and diverse marine life make it a top snorkeling destination. In the afternoon, have your cameras and binoculars at the ready, as we cruise the shoreline of Golfo de Montijo to see the famous wetlands and their 50,000 acres of mangroves, abundant wildlife, waterfowl, and wading birds.

Meals: Breakfast, Lunch and Dinner

DAY 8 - PEARL ISLANDS, PANAMA

If you get the feeling the Pearl Islands seem familiar, it may be because they were a location in the popular television program, Survivor. This gorgeous archipelago of more than 250 islands is located in the Gulf of Panama, and was named by Spanish Conquistadors in 1503, after they found a treasure worth of pearls here. The 'Islas de las Perlas' are most famous for their ecosystems, marine life, and secluded white sand beaches. Don't worry, you won't be the first to splash ashore believing you've discovered paradise.

Meals: Breakfast, Lunch and Dinner

DAY 9 - PANAMA CITY, PANAMA

After this week of exploration, it's time to brush away the sand and salt, and dress ourselves for a different type of adventure; We're going ashore in Panama City. The Spanish roots run deep here, and we can feel them on the cobblestones of the old quarter and see them in the colonial architecture of the Metropolitan Cathedral. During the day, you can refresh yourself at one of the many bougainvillea shaded cafes and enjoy an authentic mojito or espresso. You can also imbibe in culture at one of the numerous museums, including the Museum of Biodiversity designed by Frank Gehry, which architectural enthusiasts consider an artifact. The market experience shouldn't be missed; Get yourself a Panamanian hat or a mola made by the Guna Indians, and visit the National Handicraft Market for pottery, jewelry, or more molas, crafted by the indigenous peoples of Panama. The human aspects of Panama are as exotic as the natural.

Meals: Breakfast, Lunch and Dinner



Costa Rica to Panama Adventure

11 Days / 10 Nights

DAY 10 - PANAMA CANAL, PANAMA

Today we experience a man-made wonder, when we cross from the Pacific to the Atlantic Ocean, by gliding through the Panama Canal. The American Society of Civil Engineers consider it one of the seven wonders of the modern World. It was completed over a century ago and has only grown in global importance since then, and we're going to experience it, not just see it. We'll spend eight plus hours traversing the 88 km of canal. We'll enter under the Bridge of the Americas and rise, through a series of locks, to 26 meters above sea level, where we enter the man-made Gatun Lake. From there we descend through locks to sea level in the Caribbean Sea. We'll drop anchor near the city of Colon and have our final dinner with our captain joining us, to toast our time together.

Meals: Breakfast, Lunch and Dinner

DAY 11 - COLON, PANAMA

This morning, we have our final breakfast and say goodbye to the crew and our new friends. Everyone will be transported back to Panama City, where some of you take flights, while others continue their adventures in spectacular Central America.

Meals: Breakfast